



**REGIONAL  
DEVELOPMENT  
PROGRAMME**

# **SCHOOL SPORTS PROGRAMME**

**Information pack**

Raising participation, aspirations and attainment through sport



[www.canaries.co.uk/rdp](http://www.canaries.co.uk/rdp)





## INTRODUCTION

Norwich City FC Regional Development Programme are pleased to provide you with the opportunity to be one of our partner schools. This document will allow you to further understand our School Sports Programme and the key benefits of becoming a partner school.

The introduction of the new PE and sport premium for primary schools requires far more accountability to OFSTED, governors and parents. As a partner school we can support you in a variety of ways to sustain and enhance your PE and school sport ranging from resources, benefits and personnel, for example:

- School Sport Development Officer to organise and manage your school provision, support quality assurance and aid in school events
- Regional Programme Manager to ensure we provide an overall quality service

- Dedicated coach at your school providing consistency and delivering high quality provision
- Sportasaurus Star of the Week pupil achievement award to support your social, moral, spiritual, and cultural evidence.

With increased awareness of our School Sport Programme's impact and recent OFSTED feedback, we have received requests from numerous schools looking to engage with us for the coming academic year. As a RDP partner school, we are committed to achieving your PE/school sport needs whilst maintaining a high quality experience. You may want to utilise our School Sport Programme for PPA delivery (core funding) or for professional development, enrichment and wide range of extra curricular opportunities (sports premium).

## WHAT IS A PARTNER SCHOOL?

Schools that engage with us for an entire academic year are awarded Partner School status, which may cover PPA time, or provide co-teaching opportunities through the School Sport Premium. Partner school status allows us to focus our attention in supporting you as a school and your needs, aims, and objectives. Schools are granted partner school status for the duration of their relationship with us. We also have a Schools Advisory Group which provides high level support and advice to the programme.

## WHAT ARE THE BENEFITS?

As a Partner School, the RDP is committed to supporting your school, your pupils, and your individual outcomes in any way possible. The key standard benefits you receive as a partner school for the 2017/18 academic year include, but are not limited to:

- Highly qualified role models to engage and develop pupils in your school
- Partner School sign to display in your school
- Free Teacher Training opportunities for your staff
- Priority entry into inter-school tournaments
- Sportasaurus Star of the Week achievement reward programme for pupils
- Termly assessment to enable ongoing pupil assessment
- Opportunity to join other Cross-Curricular programmes
- Quality Assurance report on delivery and performance from our School Sport Development Officer
- Opportunity to develop a bespoke programme suitable for the school
- Positive role models working in your school



We are completely **happy** with the coaching provision, the club is well run, **the children love it** and it is always full instantly! ””

**Jenny Dyson**  
Histon & Impington Infant School

# WHAT ARE THE COMMITMENTS?

## Partner Schools commit to:

- Discussing all future PE/sport provision
- Engage with us in curriculum time
- Display the Partner School plaque
- Allow promotion of additional courses that may be of interest to your pupils e.g. Soccer Schools and weekly courses
- Provide feedback and opportunities for observation visits by prospective new partner schools
- Complete an internal lesson observation on our staff
- Provide all relevant school policies and procedures prior to delivery

## The new curriculum

Our Schools team, supported by our Schools Advisory Group, have developed our curriculum offer to you as a partner school to ensure that a full learning experience is available to your pupils. Key Stage 1 pupils will continue to benefit from a focus on development of physical literacy through a multiskills approach. Key Stage 2 pupils will experience a range of recognised sports (football, rugby, hockey, netball, cricket, tennis, athletics, dodgeball, ultimate frisbee and multiskills) resulting in competitive opportunities.

## Assessment & impact

Partner Schools will benefit from individual pupil assessments every term to allow ongoing monitoring and sharing of pupils' progress. The assessment framework utilises our emerging, expected and exceeding criteria.



## ADDITIONAL OPPORTUNITIES

Numerous partner schools have benefited this year from additional opportunities that we can provide as a 'bolt-on' to your core School Sports Programme offer. Opportunities that we are able to offer you include:

### Extra curricular sessions (bolt-on)

Partner Schools that work with RDP in the curriculum afternoon can extend their day's provision with an after school sports club at reduced rates.

### Professional development

Bespoke CPD sessions for your teaching staff in delivering high quality PE lessons in multi-skills, football, SEND or G+T.

# EXTRA CURRICULAR ACTIVITIES

## Football:

We are proud of the provision we deliver through our Football programme. Pupils who participate in these sessions will learn to play the Norwich City way through skills and techniques that the first-team players demonstrate on the pitch at Carrow Road. Football sessions themed around Norwich City FC players' skills and techniques:

- Week 1 – Dribble like...
- Week 2 – Pass like...
- Week 3 – Turn like...
- Week 4 – Shoot like...
- Week 5 – Save like...
- Week 6 – Small-sided World Cup tournament / presentation

## Sports:

We can deliver sport specific or multi-sport opportunities across a number of areas. For each offer, the children will follow a technical programme based around the core techniques / topics of the sport. Sports available through our extra-curricular programme:

- Tag Rugby
- Quick sticks Hockey
- High 5 Netball
- Athletics
- Kwik Cricket
- Dodgeball
- Tennis
- Multi Skills
- Ultimate Frisbee

## PRICING

### School Sport Programme price list

- One hour curriculum delivery
- Half day curriculum delivery (am or pm)
- Full day curriculum delivery
- After school club (bolt-on)
- After school club additional

£40  
£70  
£99  
£25  
£40

Prices subject to change.



## BENEFITS

There are several key benefits that your school and pupils can gain from engaging with us.

### School's benefits:

- RDP coaching staff that possess a minimum of Level 2 coaching qualification, valid DBS form along with first aid and safeguarding certificates
- Extra-curricular provision to help promote sport and well-being for pupils
- Infrastructure of support staff

### Participant benefits:

- 1 hour sports sessions themed around key skills and technique
- Chance to win prizes

### Duty of care:

- Register provided by the school before the first session containing contact details, medical conditions and authorised collectors
- Current risk assessment to be provided by the school for the hall, playing field or playground
- One member of school staff on site as a point of contact if needed during the club

### Pricing:

- £40 per week (schools are invoiced at the beginning of each half term)

### Notes:

Each club should have a minimum of 12 and a maximum of 16 participants per RDP coach to make the learning environment safe and enjoyable for all.



Additional sports funding is used well, continuing to **increase pupils' participation** in a range of sporting activities. ”

Exning Primary School  
OFSTED report 2015



# REGIONAL DEVELOPMENT PROGRAMME

## FIND OUT MORE:



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